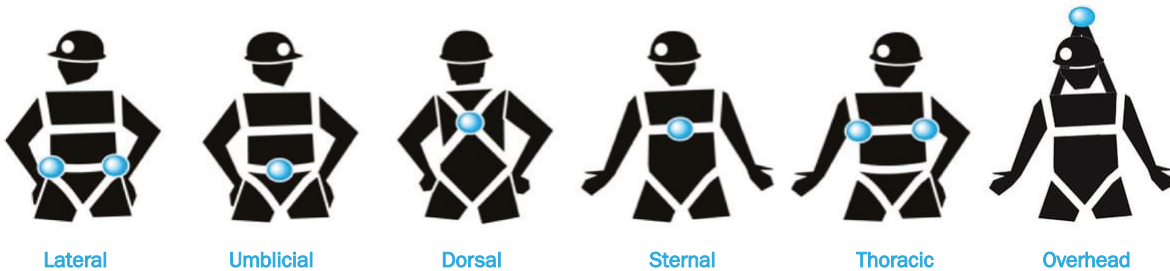


# Harnesses - general

Harnesses EN 361, EN 358 & EN 813

Tractel® offers a wide range of harnesses to meet your requirements, from the bestselling entry level HT22 to the patented technical Easyclimb™ harness. Continuous innovation keeps our harnesses versatile with a variety of attachment points and optional extras:



## Harness size guide

Correct sizing and correct putting on a harness is essential for safety and comfort. It is important that a harness fits properly and that it offers the possibility to adjust it correctly so it is not too tight or too loose. This prevents employees from seeing the harness as a load, because the harness tightens too much or slips continuously.

If the harness is correctly dimensioned and adjusted, the forces on the body are distributed correctly. This enables the body to better withstand the impact of the fall, ensures that the attachment points are in the right place and that the body remains straight in the event of a fall. Incorrect sizing or tightening of the harness increases the risk of the "Harness Suspension Trauma" (hanging trauma).

It is important to choose the right size of harness according to the table below.

The diagram shows three harnesses labeled S, M, and XL. To the right is a silhouette of a person with measurement points A (chest), B (waist), C (hip), and D (height). A table to the right provides the corresponding size ranges for these measurements.

	S	M	XL	XXL
A	60 - 100	80 - 120	100 - 160	130 - 170
B	75 - 100	90 - 110	100 - 150	130 - 170
C	45 - 60	45 - 70	45 - 80	45 - 90
D	55 - 65	65 - 80	80 - 90	90 - 100

## Harness options



Elastrac™ - packs offering 4cm of extra movement.



Quick Release Buckles - available for most harnesses

