



EXPLANATION OF MARKINGS



SERIAL NUMBER: TEL, FAX, EMAIL AND WEBSITE
TEL, FAX, EMAIL AND WEBSITE
DATE FIRST PUT INTO USE:
USER NAME:

Other components suitable for use together in the fall arrest system ar

PERIODIC EXAMINATION PERIODIC REASON FOR ENTRY(PERIOD EXAMINATION DATI DEFECTS NOTED, NAME AND SIGNATUR PERSON NEXT DUE DAT AND OTHER RELEVAN INFORMATION.

The personal protective equipment shall be examined at least every 12 months by a compotent person.



MANUFACTURER : Portwest, Westport, Co. Mayo, Ireland All declarations of conformity for Portwest products are available at www.portwest.com/declarations

C €0194 EC type examination of notified body that is involved with the design stage and production control phase are perform INSPEC International Ltd , 56, Leslie Hough Way, Salford **C€**0321 Greater Manchester, M6 6AJ, United Kingdom . Notified Body : 0194 **€**1105 SATRA Technology Centre Ltd, Wyndham Way Telford Way, Kettering, Northamptonshire, NN16 8SD, UK Notified Body : 0321 EN361, EN358, EN813, EN1497 CCOS UK Ltd Level 2, 5 Harbour Exchange Square London, E14 9GE, UK Notified Body : 1105

EN **USER INSTRUCTIONS**

HARNESS RANGE

HARNESS KANGE STYLE: FP08, FP12, FP11, FP13 & FP14, FP19, FP18, FP15, FP10 PLEASE READ THESE INSTRUCTIONS BEFORE USING ANY EQUIPMENT

All these products comply with the requirements of Regulation (EU 2016/425) and with applicable standards of the PPE EN361, EN358, EN813, EN1497

PURPOSE

The Harness for fall arrest purpose must be used with compatible PPE like Fall Arrester, Energy Absorber, and attached to an anchorage point capable of arrest a free fall and limits the impact force on the body of the user during fall arrest.

The lower side optioning an integration of the state of t

HOW TO CORRECTLY PUT THE FULL BODY HARNESS ON

Full body harness is to be adjusted using the straps and insert buckles to the individual figure of the user. If not, the straps and insert buckle have to be adjusted to the right position. The correct way to put the harness on shall be as per the step by step instruction below. After finished putting on the harness, it is necessary to check every strap and buckles to ensure they are fitted in the right position. Once the straps loosen, the user should adjust the strap with buckle immediately to prevent from falling.

- REFER TO DIAGRAM AT BEGINNING OF USERSHEET
- Spread the shoulder straps apart, grasp the harness by the D-ring. Put on the shoulder straps one after one, take care do not twist them. D1A D1B
- D1C
- Fasten the chest strap and tighten for best fit. Do not over tighten. Buckle up both the right and left leg loops accordingly and tighten to fit

HOW TO CORRECTLY PUT THE WORK POSITIONING BELT ON

It is essential to try on and adjust model FPO8 before uses remembering to anticipate the type of dothing you expect to be wearing. It is recommended that before using FPO8 the user should carry out a suspension test in a safe place to ensure that the FPO8 is the correct size, has sufficient adjustment and is of an acceptable comfort level for the intended use.

D2 REFER TO DIAGRAM AT BEGINNING OF USERSHEET

The waist belt should fit snugly around the waist. D2A The lateral side positioning attachment points of the belt must be used solely for connecting to a work positioning system (EN358 positioning lanyard) and never to a fall arrest system. Refer to

diagram below for details. Correct way of attaching to the lateral attachment points on the belt by connectors. WARNING

The user is responsible to make sure they read, understand and follow all instructions in the care and use of this device as well as receive adequate training. Before and during use, consideration should be given as to how any rescue could be safely and

efficiently carried out.

Use of this product is reserved for competent personnel, who have gone through the proper training or who are operating under the supervision and instruction of a competent and experie ed person

WARNING ANY MODIFICATION TO AN ADJUSTMENT WILL MAKE THE DEVICE DANGEROUS FOR USE.

- Do not use the products until you have read and fully understand the instructions. Regular checks should be conducted for signs of wear or damage before use. Before and during use, consideration should be given as to how any rescue could be safely and
- efficiently carried out.
- The equipment shall not be used outside its limitations, or for any purpose other than that for
- which it is intended. Certain medical condition may affect user safety ; if in doubt, consult your doctor. Any alterations or additions to the equipment without the Manufacturer's prior written consent, any dangers caused by this condition during the equipment utilization process will not be the
- any unique scaled by this conductor during the equipment during and process with not be the responsibility of the Manufacturer. In the course of use, take all necessary steps to protect the system or component from hazards related to the operation (burns, cuts, sharp edges, abrasion, chemical attack, tangling, or twisting of the cable, webbing or rope, electrical conductivity, weather conditions, pendulum effect due to fall, etc)
- to rain, etc., Depending on the type of the product, there are several possible uses : Hamess with back anchorage point: fall-arrest safety for working at heights. Hamess with back and chest anchorage point: same hamess with back anchorage point + work
- participation in a start and the analysis of the start and the start and
- The connection of a fall arrest system to a full body harness (EN353-1, EN353-2, EN355, EN360) must exclusively be carried out using the upper dorsal, sternal or pectoral attachment points. These points are identified with a capital "A" when they are independent or "A/2" when 2 points have to
- be connected together. The lower side positioning anchorage points of a belt or a harness with a belt must be used solely
- for connecting to a work positioning system (FUS38) and never to a fall arrest system. Before each use, the user must examine the equipment visually to ensure it is in perfect operating condition. It is important to check for deformation, corrosion, sharp edges and abrasive areas on the
- working and a start workers were accounted and a start working a start working
- Store in a clean dry environment, avoiding direct sunlight, corrosive fumes, chemical substances
- The matching of the product with the other components of the equipment. An Always verify the compatibility of the product with the other components of the equipment. An incompatible connection between the attachment point and connectors can cause accidental and the statement of the statement for the statement of the statement of the statement.
- to extrem cases, the lifetime of the product can be reduced to one single use through exposure to for example any of the following: chemicals, extreme temperatures, sharp edges, major fall or
- load, etc. Equipment which is damaged or in need of scheduled maintenance must be tagged as "Do Not USE" and removed from service. Defects, damage, excessive wear, malfunction, and aging are generally
- after removements are not set of the set of this European standard EN361 :2002) the manufacturer name, the manufacturing date and the first using date and the user n



- The potential lifetime of this product is as follows: up to 10 years from the date of manufacture for
- The potential metaneon in products as solvings, up to 10 years from the date of manufacture re-plastic and texting products. It is indefinite for metallic products. The actual lifetime is influenced by a variety of factors such as: the intensity, frequency, and environment of use, the competence of the user, how well the product is stored and maintained,
- This product shall be examined every year by a competent person to ensure the safety and serviceable condition.

MAINTENANCE AND STORAGE CARE

Main transfer and solution of the product to conside environments for prolonged periods. Organic substances and salt water are particularly corrosive to metal parts. When working in corrosive environments, more frequent inspection, cleaning and drying of the product is required. The equipment would be pack Induction inspection, occaring and using of the products required. The equipment would be pack with polystyme plastic material to prevent any item damage during transportation. The item may be deaned with a mild detergent solution. Store in a dean dry environment avoiding corrosive fumes or chemical substances. If the Harness becomes wet, either from being in use or due to cleaning, it shall be allowed to dry naturally, and shall be kept away from direct heat.

Madding, and a large is explored from a meter fact. Modifications and repairs outside of Portwest facilities are prohibited. The personal protective equipment shall be examined every year. The periodic examination are only to be conducted by a competent person and strictly in accordance with the manufacturer's periodic examination procedure.

STORAGE

D1

D2

Store the product in a ventilated place away from humidity. The product should be hung up by the rear D-ring, or placed loosely in a container.

PERIODIC EXAMINATION

- Detailed recorded examinations should only be carried out by a competent person, appointed by the employer. Additionally, recorded interim examinations may be required where risks from harsh working environments exist which may affect safety functions of the device. These should be
- Working enhancement and which may interesting functions of the device. Index another device identified through risk assessment. The product does not require any special tools and equipment. Ensure that the periodic examination instructions for other components used in conjunction with any item are complied with European standards. These recorded examinations must be carried out any terms temperature to the second s
- efficiency and trouble-free operation of the system or component. Be sure to fill in and preserve carefully the descriptive sheet, making a note of any periodic checks, and periodic check shall be performed by competent person for periodic examination. Always make sure the product marking is present showing both the serial number and date of
- manufacture and that it matches your user instructions. If the numbers are not legible on the
- product body or do not match the user instruction DN NOT USE. The potential lifetime of this product is up to 10 years from the date of manufacture. The actual lifetime of a product ends when it meets one of the retirement criteria listed below, or
- when its system use is judged obsolete.
- Plefets, damage, excessive wear, mediancian, and aging. The hardware elements for deformations, fractures, cracks, corrosion, deep pitting, sharp edges, cuts, deep nicks and evidence of excessive heat or chemical exposures.
- Inspect the Harness for wear, abrasion, cuts, fraved, missing or loose stitches, burns or signs of chemical attack.
- You do not know its full usage history It is at least 10 years old and made of plastics or textiles You have any doubt as to its integrity.

- If during the periodic examination any part is found not safe or faulty, please DO NOT USE it.
- In during the periodic examination any part is fourith for safe of fairly, prease borror 05 r.t. Defects, damage, excessive wear, mafinctrion, and aging are generally not repairable. The actual lifetime is influenced by a variety of factors such as : the intensity, frequency, and environment of use, the competence of the user, how well the product is stored and maintained,
- In addition to the inspection before and during use, a periodic in-depth inspection must be carried out by a competent inspector at least once every 12 months. The frequency of the in-depth inspection must be governed by the type and the intensity of use. To keep better track of the equipment, it is preferable to assign each piece of equipment to a
- unique uers of hat he will know its history. The results of inspections should be documented in an "equipment record". This document must allow recording of the following details: type of equipment, model, name and contact information of the manufacturer or distributor, means of identification (serial or individual number), year of manufacture, date of purchase, date of first use, name of user, all other pertinent inform for example maintenance and frequency of use, the history of periodic inspections (date / for example maintenance and frequency of use, the history of periodic inspections (date / comments and noted problems / name and signature of the competent person who performed the inspection).
- No repairs, modification or alteration can be carried out on the Harness. Destroy equipment to prevent further use

CLEANING & STORAGE It is good practice to:

Do not use bleach, solvents, petrol, or dve as they will affect the performance of the Equipment. The above cleaning instruction shall be strictly adhere to.

LIMITATIONS OF USE

It is not intended for any other use. If unsure about the safe use of any item seek advice from a suitably trained and competent person or contact the manufacturer at the above address

EXPLANATION OF MARKINGS	7.	1
EXAMPLE ONLY. PLEASE CHECK PRODUCT LABEL	8.	(
FOR FULL DETAILS	9.	5

TO BE COMPLETED BY SUPPLIER

- Manufacturer Logo Model Code
- Product Name / Description of product
- CE Marking and Notified Body: European Standard number
- 6 Fabric

5

- D3
- Manufacturer information Caution, read instructions Serial number: Means of traceability
 - 10. Manufacturing date:
- 11. Batch No.:
 - To be completed by User 12. Purchasing date: 13. First Use Date:

 - 14. User Name: User Name: